



PRODUCT DESCRIPTION

This herb is part of the mint family. It grows to between two and three feet high and produces flowers which appear pinkish or whitish. It is known for its abundant, musky-sweet aroma. This herb is beneficial to the skin because it can reduce scars, wrinkles and stretch marks. It also lessens skin irritations and makes the skin appear smooth. For emotions, this essential oil promotes a well-balanced feeling.

PRIMARY BENEFITS AND SAMPLE USES

- » Rapid skin recovery
- » Reduces the appearance of wrinkles, stretch marks and scars
- » Reduces signs of dandruff and oiliness
- » Reduces occasional nervous tension
- » Promotes balanced emotions
- » Protects wounds from infection

DIRECTIONS

Steam Inhalation: Add 2-3 drops to a cup of steaming water and inhale.

Diffusion: Diffuse 3-5 drops or more in the Purely diffuser.

Topical: Dilute 1-2 drops with a Purely carrier oil before use according to the dilution table shown. Be sure to test for sensitivity.

Ingestion: When using as a supplement, add 1 drop per 4 oz. of liquid. Use no more than three times per day.

PRECAUTION

Keep out of reach of children. Avoid contact with sensitive areas such as your eyes. If pregnant, nursing or have a medical condition, consult your physician before use. Store away from light and heat.

BLENDS WELL WITH

Bergamot, Cinnamon, Clary Sage, Frankincense, Grapefruit, Lavender, Lemongrass, Wild Orange and Vetiver

COUNTRY OF ORIGIN

Indonesia

EXTRACTION METHOD

Steam distillation



DIFFUSION



TOPICAL



STEAM



INGEST



SENSITIVE

DILUTION TABLES

Drops of EO for 1 tsp. of carrier oil	
1%	1
2%	2
5%	5

SKU# 1016
retail: \$26

PATCHOULI

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent diseases.



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