



**PRODUCT DESCRIPTION**

For many centuries Oregano has been used in medicine because of its potent properties for boosting the immune system. Oregano is primarily composed of thymol and carvacol, which are types of phenols that contain antioxidants and purifying properties. To maintain a healthy immune system, take a drop of Oregano daily.

**PRIMARY BENEFITS AND SAMPLE USES**

- » Boosts immunity
- » Boosts healthy metabolism and respiratory activities
- » Exceptional antioxidants
- » Utilized as a potent sanitization and cleansing agent
- » Can be used as a flavor additive
- » May remove warts, skin tags or boils

**DIRECTIONS**

**Steam Inhalation:** Add 2-3 drops to a cup of steaming water and inhale.

**Diffusion:** Diffuse 3-5 drops or more in the Purely diffuser.

**Topical:** Dilute 1-2 drops with a Purely carrier oil before use according to the dilution table shown. Be sure to test for sensitivity.

**Ingestion:** When using as a supplement, add 1 drop per 4 oz. of liquid. Use no more than three times per day.

**Cleaning spray:** In a spray bottle filled with 16 oz. of water, add 15-20 drops of Oregano oil.

**PRECAUTION**

Keep out of reach of children. Avoid contact with sensitive areas such as your eyes. If pregnant, nursing or have a medical condition, consult your physician before use. Store away from light and heat.

**BLENDS WELL WITH**

Lavender, Rosemary, Bergamot, Tea Tree and Eucalyptus

**COUNTRY OF ORIGIN**

Morocco

**EXTRACTION METHOD**

Steam distillation



**DIFFUSION**



**TOPICAL**



**STEAM**



**INGEST**



**SENSITIVE**

**DILUTION TABLES**

Drops of EO for 1 tsp. of carrier oil	
1%	1
2%	2
5%	5

SKU# 1018  
retail: \$29

**OREGANO**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent diseases.*



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