



**PRODUCT DESCRIPTION**

The juniper plant derives its name from the Latin ‘juniores’, reflective of the younger berries. Juniper was one of the earliest plants to be used by man and has been discovered in many prehistoric locations. In ancient Tibet and Egypt, juniper berries were considered precious as ingredients for medicine and incense in religious ceremonies. In Europe during the middle ages, juniper oil was used as medicine during the time of cholera epidemics and plagues.

Juniper oil is beneficial for all skin types, including sagging or chapped skin. It helps prevent wrinkles and speeds up the fading of scars. This is the main reason Juniper Berry essential oil is included in various skin care products. Juniper Berry essential oil has an encouraging effect on emotional wellness and proper functioning of the digestive system.

**PRIMARY BENEFITS AND SAMPLE USES**

- » Boosts immune system
- » Helps reduce stress and frustration
- » Helps damaged skin
- » Supports healthy kidney functions

**DIRECTIONS**

**Steam Inhalation:** Add 2-3 drops to a cup of steaming water and inhale.

**Diffusion:** Diffuse 3-5 drops or more in the Purely diffuser.

**Topical:** Dilute 1-2 drops with a Purely carrier oil before use according to the dilution table shown. Be sure to test for sensitivity.

**Ingestion:** When using as a supplement, add 1 drop per 4 oz. of liquid. Use no more than three times per day.

**PRECAUTION**

Keep out of reach of children. Avoid contact with sensitive areas such as your eyes. If pregnant, nursing or have a medical condition, consult your physician before use. Store away from light and heat.

**BLENDS WELL WITH**

Bergamot, Grapefruit, Geranium, Lavender, Walk the Lime™, Lemon, Lemongrass and Vetiver

**COUNTRY OF ORIGIN** Bulgaria

**EXTRACTION METHOD** Steam distillation



**DIFFUSION**



**TOPICAL**



**STEAM**



**INGEST**

**DILUTION TABLES**

Drops of EO for 1 tsp. of carrier oil	
1%	1
2%	2
5%	5

SKU# 1049  
retail: \$42

**JUNIPER BERRY**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent diseases.*



**PURELY™**

*essentially conscious*

visit  
**BEPURE.LY**

**LIVE PURELY**