



PRODUCT DESCRIPTION

The clove tree has been cultivated since antiquity for a variety of uses. Although native to Indonesia, cloves are used across the world for medicinal and herbal purposes. Cloves are also used as a cooking spice.

Due to its stimulating properties, clove buds can be used to aid with digestive problems. By applying Clove essential oil to your stomach or abdomen, it can help warm up and stimulate the digestive tract. Also, add a drop of clove oil to your choice of herbal tea to help relieve nausea.

PRIMARY BENEFITS AND SAMPLE USES

- » The ingredients that are derived from the clove plant such as eugenol have been used for several generations for reducing oral pain or discomfort
- » It has a high antioxidant value and has the potential to destroy free radicals and slow down the aging process
- » For aromatherapy, it influences the healing powers of the body by creating a feeling of courage and protection
- » Helps boost immunity

DIRECTIONS

Steam Inhalation: Add 2-3 drops to a cup of steaming water and inhale.

Diffusion: Diffuse 3-5 drops or more in the Purely diffuser.

Topical: Dilute 1-2 drops with a Purely carrier oil before use according to the dilution table shown. Be sure to test for sensitivity.

Ingestion: When using as a supplement, add 1 drop per 4 oz. of liquid. Use no more than three times per day.

PRECAUTION

Keep out of reach of children. Avoid contact with sensitive areas such as your eyes. If pregnant, nursing or have a medical condition, consult your physician before use. Store away from light and heat.

BLENDS WELL WITH

Cinnamon Bark, Clary Sage, Lavender, Nutmeg, Lemon, Peppermint, Rosemary and Ylang Ylang

COUNTRY OF ORIGIN Sri Lanka

EXTRACTION METHOD Steam distillation

-  **DIFFUSION**
-  **TOPICAL**
-  **STEAM**
-  **INGEST**
-  **SENSITIVE**

DILUTION TABLES

Drops of EO for 1 tsp. of carrier oil	
1%	1
2%	2
5%	5

SKU# 1041 retail: \$15	CLOVE	<i>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent diseases.</i>
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