



PRODUCT DESCRIPTION

Just like their domesticated garden offspring, the wild carrot plant is full of healthy benefits. The most powerful of these are helpful antioxidants that may help support the skin. Applied topically with a carrier oil, *Daucus carota* will rejuvenate your skin to let its youthful glow shine bright.

Carrot Seed essential oil can also lend its earthy aroma to cuisines or provide a grounding note when blended with other oils.

PRIMARY BENEFITS

- » Promotes healthy skin appearance
- » Helps tighten skin and delay the aging process
- » Aids in digestion
- » Helps indigestion, cramps and bloating
- » Supports healthy vision and improved eye sight

DIRECTIONS

Diffusion: Diffuse 3-5 drops or more in the PURELY™ diffuser of your choice.

Topical: Dilute 1-2 drops with a PURELY™ carrier oil before use according to the dilution table shown. Be sure to test for sensitivity.

Steam Inhalation: Add 2-3 drops to a cup of steaming water and inhale.

Ingestion: When using as a supplement, add 1 drop per 4 oz. of liquid. Use no more than three times per day.

PRECAUTION

Keep out of reach of children. Avoid contact with sensitive areas such as your eyes. If pregnant, nursing or have a medical condition, consult your physician before use. Store away from light and heat.

BLENDS WELL WITH

Bergamot, Juniper Berry, Lavender, Lemon, and Walk the Lime™

COUNTRY OF ORIGIN

India

EXTRACTION METHOD

Steam distillation



DIFFUSION



TOPICAL



STEAM



INGEST

DILUTION TABLE

Drops of EO for 1 tsp. of carrier oil	
1%	1
2%	2
5%	5

SKU# 1070
retail: \$24

CARROT SEED

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent diseases.



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