



PRODUCT DESCRIPTION

Anchor™ essential oil blend is an effective way to combat dizziness. Dizziness is characterized by disorientation, light-headedness, unsteadiness and loss of balance. Symptoms that generally accompany dizziness are nausea, weakness and blurred vision. It occurs when the brain receives disrupted signals from the eyes and inner ears, and you lose your sense of orientation. Eye or ear disorders are usually the cause of dizziness and nausea.

PRIMARY BENEFITS AND SAMPLE USES

- » Rub the oil into the soft area on the head, right behind the earlobes, right down to jaw bone. You will realize that after few minutes, the dizziness will go away and the spinning sensation that you have will be calmed.
- » Prolonged inhalation could cause lethargy and drowsiness. Do not inhale Anchor™ for a long time or directly from the bottle as it may make you feel drowsy.

DIRECTIONS

Steam Inhalation: Add 2-3 drops to a cup of steaming water and inhale.

Diffusion: Diffuse 3-5 drops or more in the Purely diffuser.

Topical: Dilute 1-2 drops with a Purely carrier oil according to the dilution table shown. Apply to the soft area on the head, right behind the earlobes and right down to the jaw bone. Be sure to test for sensitivity.

PRECAUTION

Keep out of reach of children. Avoid contact with sensitive areas such as your eyes. If pregnant, nursing or have a medical condition, consult your physician before use. Store away from light and heat. For external use only.

INGREDIENTS

- Lavandula angustifolia* (Lavender)
- Ocimum basilicum* (Basil)
- Mentha piperita* (Peppermint)
- Zingiber officinale* (Ginger)
- Anthemis nobilis* (Roman Chamomile)
- Boswellia carteri* (Frankincense)



DIFFUSION



TOPICAL



STEAM

DILUTION TABLES

Drops of EO for 1 tsp. of carrier oil	
1%	1
2%	2
5%	5

SKU# 1037
retail: \$26

ANCHOR™

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent diseases.



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